

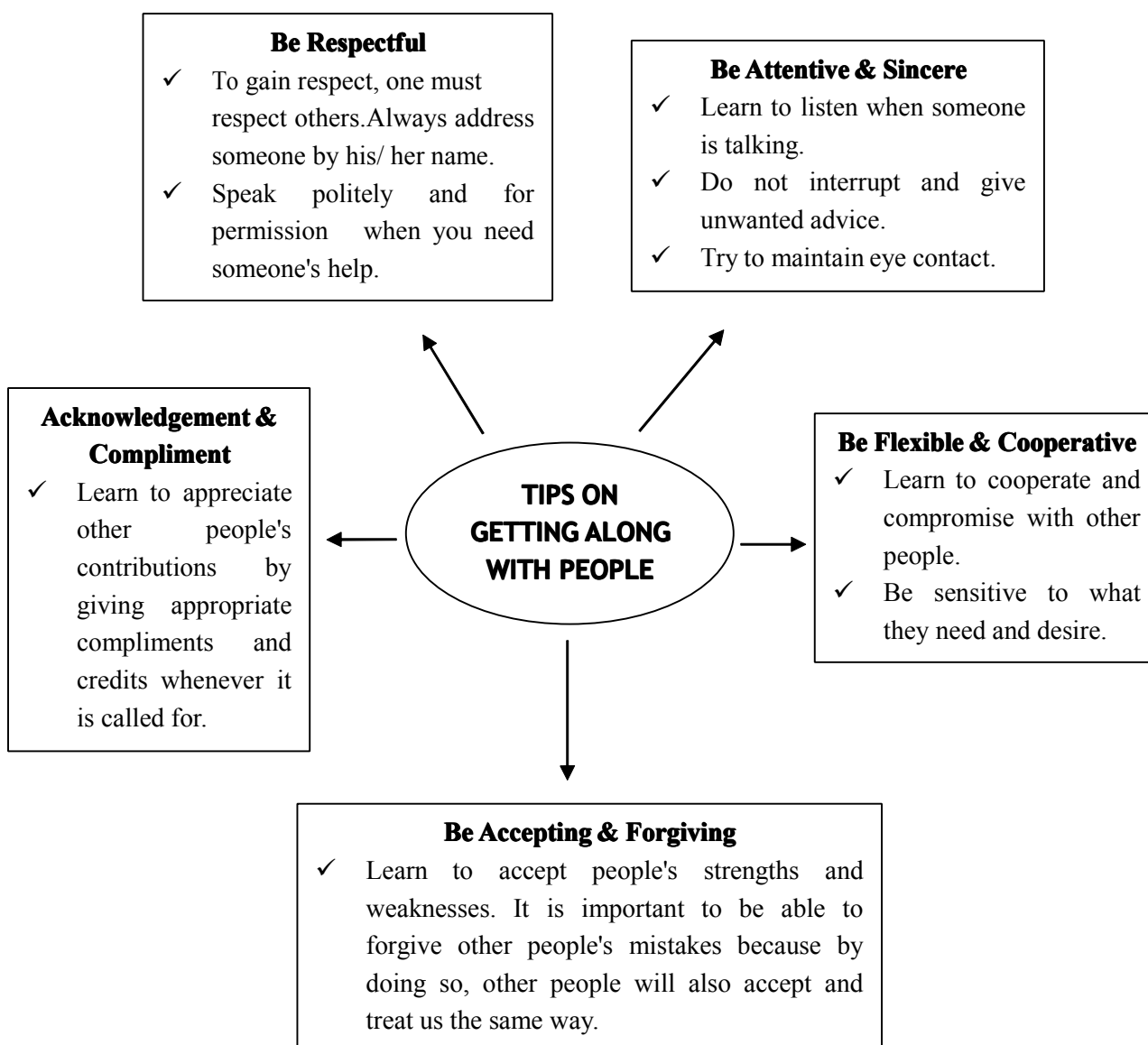
GETTING ALONG WITH PEOPLE

No Man Is Island

In our daily life we need to interact with others. If we interact positively we can achieve good mental health, which will enable us to live life to the fullest.

What Will Happen If You Do Not Get Along With People?

- Misunderstanding
- Accusations and resentment
- Threatening environment and hostility
- Deteriorating quality of life



This article was extracted from the educational brochure produced by Ministry of Health Malaysia.
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